

SURGERY CENTER
1101 S. COLLEGE RD., STE. 100
LAFAYETTE, LA 70503
(337) 233-8603 – TEL
(337) 234-0341 – FAX

PREOPERATIVE INSTRUCTIONS

DATE OF SURGERY: _____ ARRIVAL TIME: _____

You will be contacted by the admissions department the day before your surgery with an arrival time.

MEDICATIONS AND FOOD:

- Please bring all medications with you on the day of your procedure, or a list of current medications.
- TAKE BLOOD PRESSURE AND HEART MEDICATION EXCEPT FOR DIURETICS (WATER PILL) AS PRESCRIBED WITH A SMALL SIP OF WATER THE MORNING OF SURGERY.
- DO NOT TAKE DIABETES MEDICATIONS ON THE MORNING OF SURGERY.
- Check with your physician about taking aspirin or blood thinners before surgery.

Fasting Guidelines

Adults and children:

1. May have water up to 2 hours before arrival.
2. Diabetics may have clear juice (no pulp up to 4 hours before arrival).
3. Other liquids and solids up to 8 hours before surgery.

Infants:

1. Formula or water up to 6 hours before arrival.
2. Breast feeding up to 4 hours before arrival.

IF YOU DO NOT FOLLOW THESE GUIDELINES YOUR SURGERY WILL BE CANCELLED.

BEFORE YOUR SURGERY:

- Bathe or shower the night before and the morning of surgery with an antibacterial soap to reduce the risk of infection.
- Do not wear makeup or jewelry. If you are having surgery on your hand, remove nail polish and acrylic nails.
- Be at the facility at the instructed time.
- Wear clothing that is easy to take off and put on.
- Leave your valuables at home – jewelry, electronic games & equipment, etc.
- If you wear glasses, contacts or hearing aids, bring a case to store them in while you are in surgery.
- If you have a cold, fever of 100 degrees or higher, a skin rash or an infection of any kind, notify your physician before coming in for your surgery.
- Smokers should not smoke for 12 hours before surgery to enhance breathing and healing.
- For small children having surgery bring one empty baby bottle or sippy cup, one bottle with formula and extra diapers.
- A RESPONSIBLE ADULT MUST REMAIN AT THE FACILITY WITH YOU DURING SURGERY.

OUTPATIENT SURGERY PREOPERATIVE INSTRUCTIONS

Page 2

AFTER YOUR SURGERY:

- For your own safety, a responsible adult MUST drive you home.
- Someone responsible should stay with you for the first 24 hours after surgery.

Patient Rights:

- The Patient Rights Notice you received explains all your rights as a patient here.

Advance Directives:

- Do you have a Living Will or Medical Power of Attorney that you would like to include as part of your medical record here at Surgery Center? _____ YES _____ NO. If not, would you like us to provide you with some blank forms? _____ YES _____ NO.
- YOU (PATIENT) ARE NOT REQUIRED TO GIVE SURGERY CENTER THIS DOCUMENT.

HIPAA Privacy Considerations:

- A complete HIPAA notice can be found in our waiting room. We aim to provide quality personal service to you and we want to be respectful of your privacy.
- While you are here we will address you by name including calling your name in the waiting room where there may be other patients or family members of other patients. *If you prefer NOT to be called by name please let us know when you are admitted for surgery and we will assign a number for you.*

SPECIAL TIPS:

- If you have any problems, please contact your physician.
- You will receive a telephone call from one of our nurses after surgery to inquire as to how you are feeling. If you have any concerns, please discuss them with him/her.
- Please limit the number of people accompanying you to two. Also, although the recovery room is a non-visiting area; when possible, parents are allowed to be with their small child.
- Times vary, but you can plan that you will be with us from one to four hours after your procedure.
- Infants scheduled for surgery must have their feeding discussed during the preadmission appointment. You may also want to bring a favorite toy or blanket.
- If there is a possibility that you are pregnant, please be sure to discuss this with your physician.

SIGNATURE: _____ DATE: _____ TIME: _____

The signature indicates that I, the Patient or Parent/Guardian signing for a minor, have read and understand the above instructions.